

Parkinson Tulip: Symbol of Hope



In 1981, A Dutch horticulturist who had Parkinson Disease gave the name, Dr. James Parkinson, to the prize winning red tulip he developed. This name was chosen to honor the English doctor who first described the condition in his 1817 “Essay on the Shaking Palsy”. The tulip has since become the symbol of hope for a cure for Parkinson Disease.

You Are Not Alone

Our Mission is to give Parkinson patients HOPE, to know that they are not alone and that we are bringing them together for this purpose and to help find ways to improve their quality of life



“Don’t Park It - Move It”

NWI Parkinsons

Presents

The 11th Annual Educational Symposium for Parkinson Disease

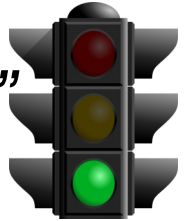
**for Patients, Caregivers, Family Members,
and the General Community**

Saturday, April 13, 2019

8:00 a.m. - 3:00 p.m.

Lincoln Community Center

Highland, Indiana



Pre-Registration by April 5, 2019

Register Early - Limited to 200 Participants

Workout Attire

\$25 Per Person

\$45 Per Couple

Attendee plus Spouse,
Caregiver, Family Member or Friend



Lincoln Community Center
2450 Lincoln Street
Highland, IN 46322



Directions To Lincoln Community Center:

From US 30: Go to US 41 (Indianapolis Blvd.) traffic light, and go north on Indianapolis Blvd. to Lincoln Street (traffic light). Turn right, go 2 blocks to stop sign, turn right and pull into parking lot.

From Hammond: Go south on Indianapolis Blvd. to 1st traffic light past Ridge Road (Lincoln Street) turn left and go 2 blocks to stop sign, turn right and pull into parking lot.

From Hammond: Go south on Kennedy Avenue to 1st traffic light after you pass under Ridge Road (Lincoln Street) turn right and go to 2nd stop sign, turn left and pull into parking lot.

From I-94: Exit at Indianapolis Boulevard exit south. Go south on Indianapolis Blvd. to 1st traffic light past Ridge Road (Lincoln Street). Turn left and go 2 blocks to stop sign. Turn right and pull into parking lot.

From 1-94: Exit at Kennedy Avenue south exit. Go south on Kennedy Avenue to 1st traffic light after you pass under Ridge Road (Lincoln Street) turn right and go to 2nd stop sign. Turn left and pull into parking lot.

Program

- 8:00 - 9:00 Registration, Continental Breakfast,
Visit Exhibits
- 9:00 - 9:15 Welcome and Overview of the Program
Cindi Rucinski
NWI Parkinson Symposium Coordinator
- 9:15 - 10:00 John Baumann, Keynote Speaker
“Living Your Best Life with Parkinsons”

10:00 - 10:15 Stretchercise

10:15 - 12:15 Breakout Sessions

- Financial Advisor
- Need a Helping Hand
- Nutrition for Parkinsons
- Rocksteady Boxing
- Sing-Along Music
- Speech Therapy



12:30 - 1:30 Luncheon

Invocation Reverend Leroy Fassett

1:30 - 2:30

“Ask the Doctors”

Dr. Andrea J. De Leo, D.O., M.S.E.
Dr. Jennifer A. Pallone, D.O.



2:30 - 3:00

Visit Fitness Center, Exhibitors or Walk

Have your questions or concerns ready to ask the doctors.