

2ND ANNUAL
LIVING WELL
WITH PARKINSON'S
SYMPOSIUM - EVANSVILLE

APRIL 3, 2019
8:00 am - 4:00 pm

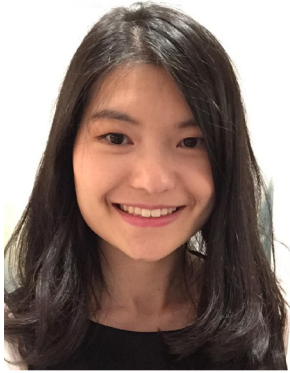
DEACONESS GATEWAY PAVILION
ORTHO-NEURO HOSPITAL
4011 Gateway Blvd
Newburgh, IN 47630

PASATS
PASATS
PARKINSON'S DISEASE SUPPORT GROUP



PARKINSON'S DISEASE BASICS

DR. TANAPORN RASAMEESORAJ, MD
UH Cleveland Medical Center



Tanaporn Rasameesoraj received her M.D. from Chulalongkorn University, Bangkok, Thailand. She completed her Neurology residency at University Hospitals Case Medical Center, Cleveland, OH. She pursued fellowships in Movement Disorders

at Cleveland Clinic and Sleep Medicine at Northwestern Memorial Hospital, Chicago, IL. Dr. Rasameesoraj is a Board-certified Neurologist by the American Board of Psychiatry and Neurology. She is a member of the American Academy of Neurology, the Movement Disorder Society, and the American Academy of Sleep Medicine.

GAIT DISORDER

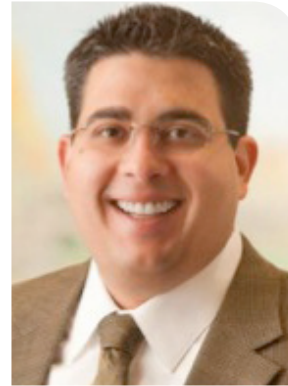
JUDITH CANLAS, MD
Deaconess Health System



Judith Canlas, M.D. is an ABPMR board-certified physiatrist, also known as a specialist in Physical Medicine and Rehabilitation (PM&R). She now serves as Medical Director of PM&R for the Deaconess Neuroscience and Orthopedic Building.

UNDERSTANDING OFF TIMES

DIEGO R. TORRES-RUSSOTTO, MD
University of Nebraska Medical Center



Diego Torres is the Director of the Movement Disorders Program and Associate Professor in the Department of Neurological Sciences at the University of Nebraska Medical Center. Torres received his M.D. from the Luis Razetti School of Medicine, Universidad Central de Venezuela in Caracas, Venezuela in 1999, with eleven Honor Diplomas. He completed a preliminary Neurosurgery Internship at the Mayo Graduate School of Medicine in Rochester, MN. He also attended Washington University in St. Louis where he completed his Internship in Internal Medicine, Residency in Neurology and his Fellowship in Movement Disorders.

He was also elected as the Neurology Chief Resident from 2006-2007. Torres joined the UNMC faculty in January 2009. He is the recipient of numerous teaching awards. Torres is a Board-certified Neurologist by the American Board of Psychiatry and Neurology. He is a member of the American Medical Association, the American Academy of Neurology, the Movement Disorder Society, and the Mayo Alumni Association.

Torres evaluates patients with movement disorders including Parkinson's Disease, Chorea, Dystonia, Spasticity, Gait Abnormalities, and Ataxia. He also performs Botulinum Toxin injections and Deep Brain Stimulation. His research interests include Parkinson's Disease, Tremor, Orthostatic Tremor and Dystonia.

RELAXATION ROOM

Integrated Physical Medicine will be on site providing 20 minute sessions using "Myofascial Release" and "Myofascial Trigger Point Therapy". Dr. Michael Ray, DC, LAC will be on site to answer questions and provide information regarding services offered in their office.

THE ROLE OF EXERCISE AND PHYSICAL THERAPY

MAGHAN BRETZ, PT, MPT, NCS

St. Vincent Evansville



Maghan Bretz is a 2001 graduate of the University of Evansville with her Master of Physical Therapy. She currently serves as an outpatient physical therapist, Site Coordinator of Clinical Education, and Director of the St. Vincent Evansville-

University of Evansville Neurologic Residency Program for physical therapists at St. Vincent Evansville. Additionally, Maghan is an adjunct faculty member in the Doctoral Physical Therapy Program at the University of Evansville. Maghan is a member of the American Physical Therapy Association and the Academy of Neurologic Physical Therapy. She serves as a committee

member on the Locomotor Training Clinical Practice Guideline Knowledge Translation Task Force, charged with dissemination and implementation of current evidence on walking recovery in the stroke, brain injury and spinal cord injury populations. She achieved board certification in neurologic physical therapy in 2016 and is one of the two Neurologic Clinical Specialists in southwestern Indiana. Maghan has been a Lee Silverman Voice Therapy (LSVT®) BIG certified clinician since July of 2016 and has successfully graduated many participants from this evidenced-based program in Parkinson's disease. Maghan has presented multiple times in many platforms on the topic of evidenced-based neurologic rehabilitation in various neurologic diagnoses including stroke, brain injury and Parkinson's Disease.

LIVING YOUR BEST LIFE – EMBRACING PARKINSON'S: THE POWER OF POSITIVE

JOHN BAUMANN



What John Baumann helps others to understand are (1) "The power of positive thinking" and (2) that there are things that they can do to influence their experience with PD whatever their role: as a patient, family care partner or professional

healthcare provider.

John Baumann is a 17 year veteran of Parkinson's who has demonstrated the desire and discipline to continue to have an amazing life.

He exemplifies the word "resilience" starting out as an attorney, then, after getting the news

that he has Parkinson's, continuing to practice for ten more years while getting prepared to fulfill his lifelong dreams of teaching at a University, writing a book, and finding his life's purpose as an inspirational speaker.

John graduated from the University of Massachusetts and Cornell Law School. He worked for Exxon for 10 years before accepting the position of General Counsel of a steel company. John was diagnosed with Parkinson's in 2002 when he was 41 years old. Since being diagnosed, he has taught law at the University of Louisville, College of Business, written a book entitled, *Decide Success: You Ain't Dead Yet*, and delivered over 100 keynote presentations.

SCHEDULE OF EVENTS

8:00am – 9:00am	Registration, Breakfast, Exhibitors
9:00am – 9:10am	Welcome & Thank You Erika Branch, Executive Director Parkinson Support Center
9:15am – 10:15am	PARKINSON'S DISEASE BASICS Dr. Tanaporn Rasameesoraj, MD UH Cleveland Medical Center
10:20am – 11:10am	GAIT DISORDER Dr. Judith Canlas, MD Deaconess Health System
11:10am	Movement Break
11:30am – 12:45pm	UNDERSTANDING OFF TIMES Dr. Diego R. Torres-Russotto University of Nebraska Medical Center
1:00pm – 1:45pm	Lunch & Exhibitors
1:50pm – 2:30pm	THE ROLE OF EXERCISE & PHYSICAL THERAPY Maghan Bretz, PT, MPT, NCS St. Vincent
2:35pm – 3:45pm	KEYNOTE PRESENTATION LIVING YOUR BEST LIFE - EMBRACING PARKINSON'S: THE POWER OF POSITIVE John Baumann
3:45pm	Closing
9:00am – 2:30pm	RELAXATION ROOM

EVANSVILLE SYMPOSIUM SPONSORS

PRESENTING



KEYNOTE



DIAMOND



PLATINUM



EXHIBITORS

Encompass Health • Integrated Physical Medicine • PASATS
Southwest Indiana Regional Council on Aging • Songshine
St. Vincent • Zilis - the Ultra Company

Thank you to Jordana Lockwich, Assistant Professor at the University of Evansville and her Physical Therapy students for their assistance is making this day great.

We wish to thank all of the additional volunteers as well.